

PSHE Year 8

		Discrimination	Drugs and Alcohol	Identity and relationships	Digital Literacy	Emotional wellbeing	Community and Careers
Learning outcomes/composite knowledge: Pupils will be able to...		Understand Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia.	Understand alcohol and drug misuse and pressures relating to drug use.	Understand gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception.	Understand online safety, digital literacy, media reliability, and gambling hooks	Understand mental health and emotional wellbeing, including body image and coping strategies.	Understand equality of opportunity in careers and life choices, and different types and patterns of work.
Knowledge Components	I know what	<p>I know what discrimination means.</p> <p>I know what sexism means.</p> <p>I know what homophobia means.</p> <p>I know what biphobia means.</p> <p>I know what transphobia means.</p> <p>I know what group-think and persuasion is.</p>	<p>I know what medicinal and reactional drugs are.</p> <p>I know the effects of the over-consumption of energy drinks.</p> <p>I know what habit and dependence mean.</p>	<p>I know what the qualities of positive, healthy relationships are.</p> <p>I know what gender identity and sexual orientation are.</p> <p>I know about the law in relation to consent.</p> <p>I know that the legal and moral duty is with the seeker of consent.</p> <p>I know what the risks of 'sexting' and how to manage requests or pressure to send an image.</p> <p>I know about basic forms of contraception, e.g. condom and pill.</p>	<p>I know what online communication is.</p> <p>I know what age restrictions are when accessing different forms of media.</p> <p>I know what online grooming is.</p> <p>I know what radicalisation means.</p> <p>I know what exploitation means.</p>	<p>I know what stigma is.</p> <p>I know about attitudes towards mental health</p> <p>I know about unhealthy coping strategies (e.g. self-harm and eating disorders)</p> <p>I know what healthy coping strategies are.</p>	<p>I know what equality of opportunity in life and work is.</p> <p>I know what about employment, self-employment and voluntary work are.</p> <p>I know what aspirational goals are.</p>
	I know how	<p>I know how to how to manage influences on beliefs and decisions</p> <p>I know how to develop self-worth and confidence.</p> <p>I know how to recognise and challenge homophobia and biphobia</p> <p>I know how to recognise and challenge racism and religious discrimination</p>	<p>I know how to use over the counter and prescription medications safely</p> <p>I know how to assess the risks of alcohol, tobacco, nicotine and e-cigarettes</p> <p>I know how to manage influences in relation to substance use.</p> <p>I know how to recognise and promote positive social norms and attitudes</p>	<p>I know how to demonstrate positive behaviour in healthy relationships.</p> <p>I know how to effectively communicate about consent in relationships.</p>	<p>I know how to use social networking sites safely.</p> <p>I know how to recognise online grooming in different forms, e.g. in relation to sexual or financial exploitation, extremism and radicalisation.</p> <p>I know how to respond and seek support in cases of online grooming</p> <p>I know how to recognise biased or misleading information online.</p>	<p>I know how to challenge misconceptions stigma.</p> <p>I know how to manage emotions</p> <p>I know how to develop digital resilience.</p>	<p>I know how to challenge stereotypes and discrimination in relation to work and pay.</p> <p>I know how to set aspirational goals for future careers and challenge expectations that limit choices</p>

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					<p>I know how to distinguish between content which is publicly and privately shared.</p> <p>I know how to protect financial security online</p> <p>I know how to assess and manage risks in relation to gambling and chance-based transactions.</p>		
National Curriculum reference		<p>Relationship education in primary schools</p> <p>relationship and sex education in secondary schools</p> <p>health education in state funded primary and secondary schools</p>					
Exemplar Composite Task(s)		<p>Low stakes quizzing on key vocabulary</p>	<p>Completed case study: pupils respond to scenario with advice around drug misuse and pressures relating to drug use.</p> <p>MCQ on key words: habit, dependence, substance, medicinal, recreational.</p>	<p>Completed case study: pupils respond to scenario with advice and legal requirements regarding consent.</p> <p>MCQ on key words: sexual orientation, consent, contraception.</p>	<p>Scenario based questions related to online grooming.</p> <p>MCQ on key words: radicalisation, exploitation, online grooming.</p>	<p>MCQ on key words: stigma, coping strategies.</p> <p>Scenario based discussion about unhealthy coping strategies (e.g. self-harm and eating disorders)</p>	<p>Low stakes quizzing on core knowledge of this unit.</p>