

Faculty Intent – Primary PSHE

PSHE is all about you, your understanding of others and the role you play in the world. As a school, we work to ensure that you are inspired through creative lessons to enable you to develop morally, socially and culturally as an individual in a safe environment. Questioning and discussions are at the heart of the curriculum and you will be asked your point of view on a variety of topics, questioned on your opinion and encouraged to use your voice! British values are weaved into the majority of your lessons. Keeping up to date with contemporary issues is essential. You can do this by watching the news or finding it on reliable sites online. Remember, not everything you see on the internet is factual! PSHE is about your rights and responsibilities, your actions and decisions and the impact you can have on the 'right here, right now'.

In **Key Stages 1 and 2**, pupils are given the opportunity of 2 lessons of PSHE per week; one of which is a structured lesson which is sequenced and follows our curriculum. The other lesson is spent unpicking any issues that may have arisen throughout the course of that week, or looking at current affairs. During this respite provision, pupils are given the chance to analyse the world around them and the role they play within that, whilst learning key skills such as how to stay safe and look after ourselves. Our curriculum is structured with different aspects of RSE every other term, meaning that all pupils will access this during their time with us, intertwined with other vital aspects of our personal development.

Term 1 is all about **families and friendship**; starting by understanding what makes a family, the different roles played within these families and how everyone's perception of what a family looks like will differ. This is then followed by looking at what positive friendships are and how to manage friendships, including online safety and peer influences. Many of the pupils we support can find it difficult to socialise with peers, and it is important that during their time with us, we are providing them with tools to cope with the social demands of day-to-day life. Through this unit, we will concentrate on key areas such as communication and respect with both family members and friends.

Term 2 focuses on **belonging to a community**, which includes exploring different rights, rules and laws; the importance of having these in place and what happens if those rules and laws are broken. Through this, pupils should have a better understanding of the difference in rules at home, school and in public in addition to the laws that everyone must adhere to, including some consequences. This is followed by looking at different communities, identifying the different roles people can play, the responsibilities that come with that and what they can offer. Through this unit of study, pupils in KS2 will be asked to voice their opinions on a range of contemporary issues, keeping up with current affairs and designing their own 'ideal' community. Through this, pupils will tackle stereotypical views of a community, gain a better understanding of diversity and apply this knowledge in a practical way. By the end of this unit, pupils should have a better understanding of why we have rules and laws, what impact this has on society and the consequences that come if they are broken.

Safe relationships is the focus of term 3, which focuses on knowing personal boundaries, and how to deal with different emotions when responding to others. This topic will also explore bullying, the impact that it can have on a victim and how we can stay safe whilst going about our day-to-day lives. Within this, we also look at sharing, and what is safe to share with others, particularly online. This

should follow on from term 1, and link to managing positive friendships. By the end of this topic, pupils should have a better understanding of what bullying is, the impact it can have on someone and how they can prevent it from happening as well as identifying some coping mechanisms.

By the end of term 4, all KS2 pupils should have a better understanding of their own **physical health and mental wellbeing**. Throughout this unit, pupils will learn about various topics including making healthy choices and habits and how to express their feelings in a safe way. Additionally, pupils will explore maintaining a balanced lifestyle; personal hygiene; dental care and time management to ensure that they are learning key life skills in preparation for the life ahead of them. Finally, pupils will learn what can affect an individual's mental health and ways to take care of it, including change, loss and bereavement. By the end of this unit, pupils should have a better understanding of themselves, the way they view things and how to cope in unfamiliar situations. They should also have a better understanding of how to look after themselves.

Term 5 is all about **respecting ourselves and others**, which should link closely to terms 2 and 3. This unit will largely focus on recognising respectful behaviour, including self-respect and respecting differences and similarities. Linking back to our work on communities, pupils will be able to identify communities in different cultures and how we should celebrate differences and similarities. Pupils investigate what it means to be a part of the global community as well as the role they play as an individual through an in-depth look at issues including diversity. Concepts such as identity and belonging as well as similarities and differences between cultures are explored before evaluating whether or not we really are members of a global community. By the end of this unit, pupils will have a better knowledge of different cultures, the roles they play as part of a global community and what roles we can play to help celebrate these cultural differences.

Finally, term 6 is all about **keeping safe**. This unit has been designed to ensure that pupils are able to keep themselves safe in a number of risky situations, ranging from crossing the road safely to fire safety and water safety. Pupils will gain an insight into the risks surrounding them in these situations and what they can do to ensure they are keeping themselves safe. We also look into what to do in an emergency, such as dialling 999 and ensuring the safety of not only ourselves, but those around us. This should link into term 2, looking back at rules and why they are in place, and term 4 when looking after our physical health and mental well being.

Regardless of when a pupil leaves our provision in Key Stage 2, they should be leaving with a well-rounded knowledge of both themselves and the world around them; how to cope with different emotions and respect others through practical and engaging lessons in which they feel safe to voice their opinions, ask questions and gain a deeper understanding. Lessons are designed to develop our pupils holistically, looking at the physical, mental, social and emotional aspects of our make up and develop happy, successful members of the community.