Subject: Outdoor Education

Group/ Year: KS3

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| Autumn/ Winter | | |
| Weeks 1-6 | Weeks 7-12 | Weeks 13-18 |
| The focus week 1 – 6 is positive relationships and making good choices through the following activities:     * Hill walking * Skiing * Archer * Bouldering * Climbing * Bush Craft     The core skills to be developed will be:   * Working with others * Communication * Reliability | The focus week 7 – 12 is taking care of self and others through the following activities:     * Water Safety * Canoe / kayak * Climbing * Beach * Orienteering - wet weather option. * Indoor Climb wet option     The core skills to be developed will be:   * Personal safety * Team work * Leadership | The focus week 13 – 18 is completing tasks and appreciation of the environment.     * Weaselling * Mountain Biking * Abseil * Rafted canoes * Orienteering * Cross canal     The core skills to be developed will be:   * Goal Setting * Confidence * Teamwork * Leadership |