Subject: Outdoor Education

Group/ Year: KS3

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| Autumn/ Winter  |
| Weeks 1-6  | Weeks 7-12  | Weeks 13-18  |
|  The focus week 1 – 6 is positive relationships and making good choices through the following activities:  * Hill walking
* Skiing
* Archer
* Bouldering
* Climbing
* Bush Craft

 The core skills to be developed will be: * Working with others
* Communication
* Reliability

       |  The focus week 7 – 12 is taking care of self and others through the following activities:  * Water Safety
* Canoe / kayak
* Climbing
* Beach
* Orienteering - wet weather option.
* Indoor Climb wet option

 The core skills to be developed will be: * Personal safety
* Team work
* Leadership

  |  The focus week 13 – 18 is completing tasks and appreciation of the environment.   * Weaselling
* Mountain Biking
* Abseil
* Rafted canoes
* Orienteering
* Cross canal

 The core skills to be developed will be: * Goal Setting
* Confidence
* Teamwork
* Leadership
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