|  |
| --- |
|  |
| Subject: Outdoor Education  |
| Group/ Year: KS4 Y10  |

|  |
| --- |
|  |
| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Princes Trust Team work units **Understand the importance of team work**  1.1 Identify the advantages of working as a team  1.2 Give examples of the problems that could occur when working as a team 1.3 Identify two situations where team work is essential The focus this term is engagement in outdoor education and managing behaviour Learning model Comfort Zone BushcarftWalking & NavigationOrienteering x 2Climbing AbseilingWeaselling Core skills. Working with others and Confidence. | Princes Trust Team work units **Understand roles and relationships within a team**  2.1 Identify different roles for team members whilst completing an activity  2.2 Describe the need for different roles within a team 2.3 Identify different ways of making decisions in a team  2.4 Give examples of ways to resolve conflict within a team The focus this term will be Respect and resilience.. Orienteering – Students to learn basic map skills and work towards the BOSA Acorn awards. Learning Model: Betaris Box.Climbing outdoors x2AbseilingIndoor ClimbingOrienteering Walking x2Core Skills. Managing Feelings and Communication. | Princes Trust Team work units **Be able to take part in team activities**  3.1 Identify objectives for a team activity 3.2 Participate in a team activity  3.3 Identify your role within the team activities 3.4 Give constructive feedback to a team member  3.5 Obtain constructive feedback from a team member  The focus this term will be healthy mind and wellbeing. NICAS L1 introduction to the indoor climbing award, Orienteering Tree qualification completion. Learning models covered will be total behaviour.Hill walk Martial ArtsCoal mine tripOrienteeringWeaselling Indoor Climbing Core skills. Confidence and Managing Feelings, communication, teamwork | Princes Trust Team work units **Be able to evaluate own performance**  4**.**1 Give examples of how the team worked well 4.2 Give examples of skills you have developed while working as a team  4.3 State ways to improve own team working skills The focus this term will be healthy relationships and wellbeing. NICAS L1 indoor climbing award to be completedLearning models covered My quality world.Walk wellbeing Climbing Archery Bouldering FishingCore skills. Confidence communication team work | Paddle start award The focus this term will be healthy relationships and wellbeing. NICAS L1 indoor climbing award to be completed.Water SafetyCanoe KayakCross Canal Challenge Climbing Beach Core skills. Health and wellbeing  | Paddle start awardThe focus this term will be skills for life. The activities will be linked to the plan, do, review model and will be heavily focused on goal setting. Climbing Mt BikeAbseil Canoe Kayak Beach Core Skills. Goal Setting, constructive use of time & employability.  |